

Children's Single Point of Access (SPOA)

The process by which all referrals for children's community based mental health programs are received and screened. Oswego County Division of Mental Hygiene, 100 Spring St. PO Box 1320, Mexico, NY 963-5361 www.oswegocounty.com/dss/mental.html

Programs accessed through Children's SPOA:

- ☑ **Family Advocacy-** Provides families with information and assistance with navigating the mental health system; advocates for the individual family needs, strengths and preferences; assists families to make informed decisions and provide a link between systems/providers and families. Hillside, 945 South First St., Fulton, NY 13069 593-8257 www.hillside.com
- ☑ **Mentoring** –Out of home one on one time with a positive adult role model for children with severe emotional disturbances ages 8-17. Provides support, guidance and encouragement to increase confidence and character in children. Catholic Charities, 365 West 1st Street, Fulton, NY 13069 598-3980
- ☑ **Family Support Services** – In-home supportive level counseling for children and their family. Provides family education, advocacy, information and referral for children with a mental health diagnosis. Catholic Charities, 365 West 1st Street, Fulton, NY 13069 598-3980
- ☑ **Intensive Case Management** – Community-based services designed to promote family engagement, independence and wellness for children with serious emotional disturbances and their families. Assists families with linkage and advocacy to additional community supports, along with providing families with education about serious emotional disturbances. Oswego Hospital Behavioral Services, 74 Bunner St., Oswego, NY 13126 326-0157 www.oswegohealth.org
- ☑ **HCBS Waiver** – An intensive community based service using a Wraparound process to maintain a child safely in the community, or to support a child returning from a residential or in-patient hospital setting. Hillside, 945 South First St., Fulton, NY 13069 593-8257 www.hillside.com
- ☑ **Planned Overnight Respite** – planned, scheduled overnight respite provided to children with severe emotional disturbances in a Hillside certified foster home. Hillside, 945 South First St., Fulton, NY 13069 593-8257 www.hillside.com

Programs accessed directly by families:

- ☑ **Children's Respite** –Supportive services for children with a mental health diagnosis and their families through private respite, supportive respite, purchase requests, and a video/book lending library. Catholic Charities, 365 West 1st Street, Fulton, NY 13069 598-3980
- ☑ **School Based Mental Health**– Early intervention school based counseling services limited to specific buildings in the Hannibal, Central Square School Districts and at Oswego County BOCES.
Catholic Charities, 365 West 1st Street, Fulton, NY 13069 598-3980
Oswego Hospital Behavioral Services Division, 74 Bunner St., Oswego, NY 13126 326-0157
- ☑ **Family Support and Education-** Informal and educational support groups and activities for parents and caregivers of children who have a mental health diagnosis and their families. FADD, 98 East Bridge St., Oswego NY 13126 216-6425 www.faddhouse.com